

COMMUNITY RESOURCE LIST

INFANT FAMILY MENTAL HEALTH COLLABORATIVE

SANTA CLARA COUNTY

This Collaborative was established in January, 2001 through the efforts of a group of individuals who found that there were limited and uncoordinated services for infants, toddlers, children and their families who were in crisis, or at-risk. This Collaborative has identified resources, consultation and training to integrate aspects of Infant Family Mental Health into their programs and community in order to help children develop strong, healthy bonds and relationships which are central to a child's overall development.

MISSION:

To ensure emotional health and well-being for young children, their families and caregivers in Santa Clara County by creating and providing a comprehensive system of care that promotes nurturing stimulating and stable environments.

SERVICES AVAILABLE FOR YOUNG CHILDREN (AGE 0 - 5)

I. ASSESSMENT AND EARLY INTERVENTION SERVICES

CHILDREN WITH AT-RISK MEDICAL CONDITIONS AND DEVELOPMENTAL DELAYS, OR ESTABLISHED RISK FOR DEVELOPMENTAL DELAYS

1. Birth - 36 Months

EARLY START PROGRAM REFERRALS: 1-800-404-5900 Children 0 - 33 months

Provides coordinated Early Intervention services that promotes the child's growth and social emotional development and supports the child/family relationship. This may include developmental assessment and intervention, physical/occupational/speech/development therapy/consultation for children who are at risk or demonstrate developmental delays. This is a collaborative between San Andreas Regional Center and County of Education.

2. 36 MONTHS AND OLDER:

(Referrals may begin at 33 months)

San Andreas Regional Center (408) 374 – 9960 AND

LOCAL SCHOOL DISTRICT: School District Locator web site: www.sccoe.k12.ca.us

If Child doesn't meet Early Start Criteria for Services:

3. CENTER FOR LEARNING AND ACHIEVEMENT (0 through 5)

Provides early screening, assessment and diagnosis of children with complex combinations of medical, learning, behavioral or developmental concerns- especially behavior and attention. Will refer to local clinics or other resources for follow-up. 408-793-5959

II. EARLY ENRICHMENT PROGRAMS - SCHOOL READINESS

1. EARLY HEAD START (18-36 months)

2. HEAD START (3-5 years)

There are about 55 different sites. They provide full and part-time quality curriculum based programs that include parent participation and support services. 1-800-820-8182 408-453-6900

Referrals through Head Start for Early Intervention Services can also be made to:
Gardner Family Care, ages 3-5, Van Le: 408-938-2102

3. EARLY LEARNING INITIATIVE (FIRST 5, Santa Clara County)

Families in the attendance areas of selected schools in three districts qualify for a range of services (through CARE MANAGEMENT) when they have a pregnancy or child under the age of 6 in the home. Families also qualify if a child attends a preschool co-located at one of the elementary school sites.

Franklin McKinley: ___ McKinley, Santee, Franklin
San Jose Unified: ___ Anne Darling, Bachrodt, Empire Gardens, Grant, Horace Mann,
___ Gardner, Hester, Lowell, Olinder, Washington
Gilroy Unified: ___ Eliot, Glen View, Las Animas, Antonio Del Buono
East Initiative/: ___ Arbuckle, San Antonio, Cesar Chavez
(Alum Rock SD)

For Emotional Support/ Mental Health (**Franklin McKinley and Gilroy**) referrals,
contact Infant and Early Childhood Mental Health located at Children's Shelter Mental Health Program, 558 5460

Franklin McKinley: Sharla Kibel 558 5467, Care Management: 283 6153

Gilroy Unified: Zelia Faria-Costa 686 2373, Maretta Juarez 686 2376, Care Management: 521 5110 x1008

For **Alum Rock/East Initiative** schools:

Counseling, Developmental assessments, parent workshops: (Kidango) Julie Kurtz: 800-262-4252 x 25
Dulce Lopez 258 3241(Spanish), Care Management: Lorena Madrid, Mayfair Initiative: 937 2568

San Jose Unified Care Management Program: Melissa Smith 535 6719 (Public Health's Helping Hands project does social emotional assessments for this Initiative).

Call FIRST 5, 408-260-3700, to inquire further about Care Management referrals through each district's coordinator.

4Cs INCLUSION PROGRAM – 408-487-0749

Information available about Day Care Providers who have special training and/or experience with special needs children.

III. IN-HOME INTENSIVE VISITATION AND PARENTING GROUPS

FAMILY ENRICHMENT PROGRAM through Gardner Family Care provides services in English and Spanish. Parenting and Support Groups are augmented by intensive home visiting for children under the age of 3, (from Pre-natal through 2 years). Focus is on strengthening the parent/child relationship for child's optimum development. Free Parenting classes offered in Vietnamese, Spanish, English for parents with older children as well. (Childcare provided during parenting classes.) Supervisor: Andrea Urton 938 2180, Lead : Lynette Hernandez 9382109

STEPS AHEAD, through Friends Outside, provides intensive home visiting in English and Spanish to children prenatal to 5 years and have an incarcerated other or history of incarceration in the family.
Cari Santibanes: 408-295-6033 x 218, *Celebrating Families*. a psycho-educational group for children and parents who have been affected by substance abuse.

PUBLIC HEALTH AND DEPARTMENT OF ALCOHOL AND DRUG SERVICES (DADS) Partner in project HPEPP, **Healthy Pregnancy Early Parenting Program for mothers with substance abuse concerns**
Contact person: Referrals: Karen Miyamoto 408-494-7867 or Monica Lanker 494 -7869
Fax a referral: 408-494-7868, Supervisor: Laura Brunetto (408) 494--1509

Other PUBLIC HEALTH PROGRAMS: East Side Union High School District and First Time Moms Project
Referrals: Karen Miyamoto 408-494--7867 or Monica Lanker 494 -7869
Healthy Ventures of Mountain View (and Los Altos) and First Time Moms Project:
Linda O'Connor (408) 992 4932, Bonnie Vincent (408) 992 4936

Child Care Health Consultant for Santa Clara County: Lynn Chamberlin RN PHN. (408) 494-7813. Provides Health and Safety consultations to the Child Care Community.

FAMILY ADVOCATE PROGRAM, Community Solutions: South County
Contact Kathryn Baro (408) 846- 4743

YWCA in San Jose: 375 S. Third Street, San Jose, 95112. (408) 295-4011
They hold parenting classes, home visitation program, and also specialized parenting classes e.g. parenting a child with special needs.

IV. CHALLENGING BEHAVIORS OF YOUNG CHILDREN INFANT FAMILY MENTAL HEALTH - Professional and Caregiver Support

1. MULTI-DISCIPLINARY SUPPORT TEAM (MDS)

Team of professionals will provide assistance, resources, and strategies to help caregivers with young children with difficult behaviors. One-hour consultation provided.
Second Wednesday of Each Month from 6:30-8:30 p.m.
4 C's, 111 Gish Rd., San Jose, CA 95112
Coordinator: Margie Costa, 408-487-0747 x241, margiec@4C.org or (408) 944-0395

2. INTERDISCIPLINARY PEER CASE CONSULTATION GROUP

Second Thursdays of Each Month, 8:30 am.
650 South Bascom Avenue, San Jose, CA 95128, Room 46 at back
Howard Doi, (408) 341 3501
Sharla Kibel, (408) 558 5467

3. BROWN BAG TOPIC GROUP

Last Wednesday of the month, Noon to 2pm, presentation or discussion begins at 12.30
Gardner Family Care
Andrea Urton (408) 938-2180

4. FASD (Fetal Alcohol Spectrum Disorder) PREVENTION TASK FORCE

Marilyn Waite 1-800-310-2352 fasdtaskforce@yahoo.com

5. GRANDPARENT CAREGIVER RESOURCE CENTER

2625 Zanker Road, Ste. 200, San Jose Sharon Wagner-Schuh (408) 325-5176

V. CHALLENGING BEHAVIORS OF YOUNG CHILDREN INFANT FAMILY MENTAL HEALTH- Mental Health Interventions

- 1. THERAPEUTIC BEHAVIORAL SERVICES, (TBS),** Cheryl Levinson, County Mental Health Coordinator (408) 793 5812 . Requires Medi-Cal eligibility
- 2. EARLY CHILDHOOD MENTAL HEALTH (0-5),** Gardner Family Care
Ana Lilia De Leon Gonzalez , (Lead for referrals: Van Le, Spanish: Susan Gamerot) 287 6200
- 3. CHAMBERLAIN’S MENTAL HEALTH** (Gilroy), Vickie 848 6511
- 4. ACHIEVE** (Christine Wu 928 5777 X203) Medi-cal, unsponsored: ages 0 to 5
- 5. MENTAL HEALTH DEPT., OUTPATIENT CLINICS.** Mental Health Call Center: 1-800-704-0900

See Also II.3. for Early Learning Initiatives

VI. TEEN PARENTS

TEEN NURTURING PROGRAM, Ujirani Family Resource Center,
1023 E. Brokaw Rd, 408-452-6560

See County Office of Education 298-2009, local district for young mothers programs.

ADOLESCENT FAMILY LIFE PROGRAM (AFLP)

1989 McKee Road, San Jose, CA 95116 (408)272-6770 FAX: (408)272-6771

Program Manager: Jeannette Ferris (408) 272 6775

Cal-Learn Program: State program designed to help CalWORKS teens obtain a high school diploma or equivalent and become self-sufficient (408)272-6772

VII. PUBLIC HEALTH NURSE-FOSTER CARE SYSTEM

- 1. Children placed in Emergency Satellite Homes (ESH):** PHN does developmental assessments and follows up with medical needs.
Referrals: Karen Miyamoto 408-494-7867 or Monica Lanker 494 7869, or Child’s Social Worker.
- 2. Dependent children with parents, relative homes or regular foster care** may be referred to District PHNs for medical necessity and occasionally for developmental assessments.

VIII. CHILD ADVOCATES

1. Children in foster care system who need someone to “advocate” for them

Leslie Kim, Child Advocate Supervisor

Child Advocates, 509 Valley Way, Milpitas, CA 95035

Direct Line: (408) 573-5661, Office No.: (408) 416-0400 office, FAX: (408) 416-0406

IX. CHILDREN WITH SPECIAL NEEDS

1. **PARENTS HELPING PARENTS (PHP)** is a comprehensive parent-directed family resource center. PHP provides parent to parent support, trainings, workshops, and approximately 20 support groups that are language and disability specific. PHP offers a state-of-the-art assistive technology center and a book and video library with 9000 items. PHP Family Resource Early Intervention Specialist: Denny De Harme: (408)727-5775 x 121 www.php.com
2. **SAN ANDREAS REGIONAL CENTER, SEE PG. 1.**
3. **SCRIBBLES AND GIGGLES** offers childcare for medically fragile children. Requires authorization by San Andreas Regional Center. Located at 13411 Sousa Lane, Saratoga, Ca. 95070 (408) 378-9450.
4. **CALIFORNIA CHILDREN'S SERVICES (CCS)**
720 Empey Way, San Jose, Ca. 95128 408-793-6200
Serves children 0 – 21 years old. Provides physical and occupational therapy for children with musculo-skeletal conditions; medical case management and financial assistance for medical expenses for financially and medically eligible families; High-risk Infant Follow-up Clinic. Contact: Libby Echeverria, MSW 793-6228
5. **SERVICES FOR BRAIN INJURY:** After School program for children with Traumatic Brain Injury and Fetal Alcohol Syndrome (ages 4-7). Anne Sinha, Director of Children's Services, 408-434-2277 ext. 108

X. CRISIS RESOURCE NUMBERS

1. **Eastfield Ming Quong (EMQ) 24 hour Emergency Crisis Line (408) 379 9085**
2. **CAN Center** Child Abuse Reporting (408) 299-2071
3. **PARENTAL STRESS HOTLINE (408) 279-8228**
4. **MENTAL HEALTH YOUTH SERVICES**, Spanish, English, & Vietnamese
1-800-704-0900
5. **24 HOUR DOMESTIC VIOLENCE CRISIS LINE**
Next Door (408) 279-2962 a 24-hr. hotline (Spanish & English)
Asian Americans for Community Involvement (AACI) (408) 975-2739
Community Solutions (South County) (408) 683-4118
Support Network for Battered Women, Spanish & English 1-800-572-2782
6. **SUBSTANCE ABUSE CRISIS LINE: Gateway** 1-800-488-9919
7. **SUICIDE AND CRISIS LINE** 279 3312, North County 494 8420, South County 683 248

XI BASIC NEED RESOURCES

1. **Child Health and Disability Prevention (CHDP) Program** 408-494-7800
Provides free well child screenings to low income children (ages 0-20)
2. **Healthy Kids – Healthy Families – Medical** (888) 244-5222
Provides free or low cost health, vision & dental to children (0-18) from low or middle-income families.
3. **Immunizations** 408-792-5200
Provides free or low cost immunizations to prevent diseases; e.g. measles, whooping cough, chicken pox & meningitis (ages 0-21)
4. **Oral Health** (408) 283-6200
Provides comprehensive dental care to low income children (ages 0-18)
5. **Supplemental Security Income (SSI)** 800-772-1213
Provides cash assistance and Medi-cal to low income disabled individuals (all ages).
6. **WIC Women’s, Infants & Children’s Supplemental Food Program** 888-942-9675
Provides nutrition education and coupons for free food to low-income women (pregnant or nursing), infants, and children with special health care needs (ages 0-5)
7. **Valley Connection** 1888 334 1000, Health information/ resources especially Medi-cal families.

XII QUESTIONS TO CONSIDER IN EXPLORING SERVICES FOR A FAMILY

1. Does the family have a child under 3 in the home?

Consider a FIRST 5 home visitation program

2. Does child attend Headstart?

Teachers and/ or Headstart staff can facilitate Mental Health referrals

3. Has a member of the family been incarcerated? (present or past)

Consider Friends Outside/ Steps Ahead

4. Does a parent have a substance abuse problem or history?

Consider HPEPP program, GATEWAY 1800 488 9919

(Department of Alcohol and Drug Services)

5. Is child under 6 and in the attendance area of an EARLY LEARNING INITIATIVE school?

Contact FIRST 5 or contracted therapists at County Mental Health, Preschool Early Prevention services

6. Is child in the Child Protective Services (CPS)/ foster care systems?

Consider referring to Child Advocates and/or a “System of Care” agency through the Mental Health Call Center, and/or Gardner’s Early Childhood Mental Health Program

7. Domestic Violence Issues? Check Safety Plan & Crisis hotline

Parenting Without Violence Classes.

8. Are there clearly established developmental concerns/ delays?

Explore range of Early Intervention services (including support for social-emotional needs) through Early Start or the School District’s Special Services.

9. Can a child’s welfare be impacted by supporting the PARENT?

Particularly if child has a special need, or you suspect one.

Think: Parents Helping Parents, Early Learning Initiatives, Home Visitation programs

10. Can a child’s welfare be impacted by supporting the CAREGIVER?

Think: MDS Panel (see IV, #1 above, multidisciplinary consultation for childcare providers)

11. Can a child’s welfare be impacted by supporting the PROFESSIONAL?

Think: Interdisciplinary Peer Case Consultation Group (see IV, #2 above), Infant Mental Health Brown Bag

Please e mail corrections, updates or suggested additions to
Sharla.Kibel@hhs.co.santa-clara.ca.us or call (408) 558 5467